

## What is ElectroSmog and Why Might You Care?

ElectroSmog is a general, catch-all term encompassing ElectroMagnetic Field (EMF) Radiation and Interference, also known as ElectroMagnetic Radiation (EMR). Typically, we're exposed to 4 types of ElectroSmog, at levels **millions** of times higher than just 25 years ago:

- 1) **Radio Frequency (RF) Wireless EMF Radiation** – aka Microwave Radiation
  - WiFi, cordless & cell phones, microwave ovens, Bluetooth, smart meters, tablets, etc
- 2) **AC Magnetic Fields**
  - Neighborhood electrical transmission lines, certain electronics and appliances (eg, with transformers, motors, heat coils) plugged into wall outlets and powered on, building electrical wiring faults or grounding problems
- 3) **AC Electric Fields**
  - Electronics and appliances plugged into wall outlets, high voltage power lines
- 4) **Dirty Power/Electricity** – aka Interference (EMI), Electrical Noise, Harmonics
  - Electrical wiring faults, certain devices plugged into wall outlets & powered on (eg, lights & dimmers, devices with switching power supplies, smart meters)

Each of these forms of EMF radiation has been shown to be biologically active, i.e., capable of affecting our bodies and health. While controversy remains, evidence from **thousands of scientific studies indicate that dangerous health effects can be caused by very low doses, and that children and pets are even more susceptible.**

[ See *Research Summaries (of 1800+ Studies)* at <http://biointiative.org/>, and videos by Swedish Neuroscientist and ElectroSmog Expert, Professor Johansson and others at <http://youtube.com/EMRinformation>. ]

Human beings are bioelectrical systems. Our brains and hearts are regulated by internal bioelectrical signals. Artificial ElectroMagnetic Field exposure can disrupt our delicate biophysical structures and fundamental biological processes, especially during sleep. Also, **EMR genetically modifies all living things** (take note if you avoid GMO's in your food).

Common Short-term Symptoms: Headaches, disrupted sleep, behavior disorders (esp. kids), concentration/memory/ADD troubles, depression, ear ringing, weakened immunity/chronic illness, fatigue, irritability/agitation/aggression, hypersensitivity, allergies, skin complaints, etc.  
Common Long-term Symptoms: Neurodegenerative sickness, tumors, cancer/leukemia

The good news is that there are almost always quick and easy changes you can make to immediately and significantly lower home/office ElectroSmog exposure, now and in the future.

### **ElectroSmog Solutions – Gift Certificates Available**

\$150 – Scan home/office/etc. for the 4 types of ElectroSmog, verbal notification of hot spots, reduction suggestions, customized EMF Resource Kit for further education and use

\$100/hr – Detailed written report with levels of each type of ElectroSmog in each room, specific recommendations to eliminate or minimize exposure, remediations

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*It's my passion to increase consciousness...and improve and sustain your well-being, functionality, and short- and long- term health...by combining years of ElectroSmog research with various, professional EMF meters: you'll hear the radiation !!*